

Date: 8/25/25

PREP EEC/CSPP/PALS LAUSD Breakfast, Lunch, Snack Menu
October 6 - 10, 2025

	Monday 10/6	Tuesday 10/7	Wednesday 10/8	Thursday 10/9	Friday 10/10
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée	Deluxe Cereal Bowl V	Morning Beef Sausage Sandwich	Buttery Maple Waffle V	Ham & Cheese Croissant	Morning Magic Bagel V
Fruit	Fresh Fruit	Fresh Fruit	Peachy Peaches	Fresh Fruit	Fresh Fruit
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	-	-	-	Strawberry Jam
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée	Toasted Cheese Sandwich V	Mac N Cheese V	Cafe LA Burger OR Cafe LA Cheeseburger	Breaded Chicken Nuggets	Orange Chicken & Broccoli Rice Bowl
Vegetable	NEW - Tropical Trio Slush	Romaine Mix Salad	Roasted Potato Wedges	Orange Medley Juice	<i>Broccoli in Entree</i>
Fruit	Fresh Fruit	Frozen Strawberry Cup	Fresh Fruit	Fresh Fruit	Strawberry Creamsicle
Milk (6 oz.)	Milk	Milk	Milk	Milk	Milk
Condiments	-	Ranch	Ketchup, Mayo, Mustard	BBQ Sauce, Ketchup	-
SNACK	SNACK	SNACK	SNACK	SNACK	SNACK
Grain	Cheez-It Crackers	Belvita Cinnamon Crackers	Food & Nutrition Crackers Cheese Plank	Cheez-It Crackers	Food & Nutrition Crackers
Milk (6 oz) OR Meat/Meat Alt	Milk	Peach Yogurt 4 oz. V	Milk	Milk	Milk

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk: Offer One Milk Choice - Low-Fat Milk 6 oz. However, if requested by parent/guardian, an individual carton of Fat-Free Milk (DW only) or Fat-Free Lactose Free Milk may be given to a specific student.

Deluxe Cereal Bowl:

Cinnamon Toast Crunch	Honey Cheerios
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Fresh Fruit – Order no more than 3 different fresh fruits per day:

Apple	Apple Slices, Green	Banana	Kiwi	Pear, Bosc
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